

# PILATES CLASSES

**ENSTONE PARISH HALL**

**COME AND JOIN A NEW PILATES CLASS**

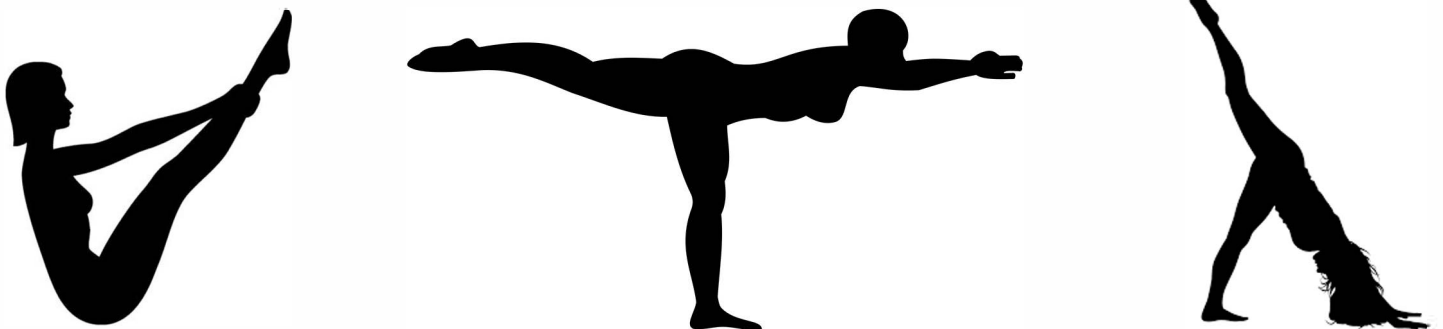
**STARTING 15/01/19**

**TUESDAY**

**9:15AM - 10:15AM**

**ALL LEVELS WELCOME**

**“LIFE GETS BETTER WITH PILATES”**



Anita Loxton

Qualified STOTT Pilates Instructor

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